

PRABODHAN SHIKSHAN PRASARAK SANSTHA'S (Regd.No. E-697) RAJENDRA MANE COLLEGE OF ENGINEERING AND TECHNOLOGY

(Approved by AICTE New Delhi, Affiliated to Mumbai University & D.T.E. Govt. Of Maharashtra)

Office: At & Po – Ambay (Devrukh) Tal – Sangmeshwar, Dist – Ratnagiri, Pin – 415804 (Maharashtra)

★ : (02354) 241502/240992 • Fax No. (02354) 241501 • Email: info@rmcet.com • Website: www.rmcet.com

Sexual Harassment Prevention Cell Committee (Vishaka Committee)

Sr. No.	Name & Address	Phone No.	Designation
1.	Dr. M. M. Bhagwat	9421228868	Chairperson
2.	Prof. Bagayatkar K. M.	7709915869	Head of Committee
3.	Mr. Shelar P. P.	9421440640	Asst. Head of Committee
4.	Prof. Kshirsagar P. P.	7756858260	Committee Member
5.	Prof. Mangale S. R.	9404766370	Committee Member
6.	Prof. Dutondkar H. V.	98699951804	Committee Member
7.	Adv. Kulkarni Vanita S. Advocate.	8275455589	Committee Member
8.	Mrs. Tambade Vijaya Suhas Police Station. Devrukh.	9403566100	Committee Member
9.	Ms. Ishwari Naik S. E. EXTC	9921132451	Committee Member
10.	Ms Varadkar Akshata S. E. Computer	9421783212	Committee Member
11.	Mrs. Raut Vanita	7057727515	Committee Member
12.	Mrs. Bachav Asha	8446834153	Committee Member

Objectives:

- To prevent sexual harassment
 - By promoting gender amity among staff, students and other employees.
- To create awareness of sexual harassment
 - Through guest lectures.
- To enhance the self- confidence of
 - Girl students, women faculty and staff in the college.
- To redress
 - the cases of sexual harassment if any .
- To highlight
 - the importance of health and hygiene.

1. Inauguration of Women's Era Magazine

Date: 15th September, 2016 Venue: Girls common room

On 15th September 2016 at 11.00am Women's Era Magazine was inaugurated by Vishaka committee member Prof. Kshirsagar P. P. in Girls common room of college.



First copy in September 2016

Girls are busy with magazine

2. Inauguration of Sanitary Vending Machine and Automatic Burning Incinerator

Date: 04th April, 2016 Venue: Girls Hostel

On 4th April 2016 at 11.30am the Sanitary Napkin Vending Machine and Incinerator was inaugurated by *Head of committee Prof. Bagayatkar K. M.* She explained to all the female students the aim behind installing these machines is to inculcate a greener, hygienic and sustainable way of life among the students and then demonstrated on how the machine works.

3. Rangoli Competition – AAROHAN 2016

As a part of Vishaka committee activities the college has organized Rangoli competition at AAROHAN 2016 on 19th February. 2016. The theme was *The Powerful Emotions*. Total 15 students are participated in this competition. The rangoli competition was coordinated by Head of Vishaka committee Prof. Bagayatkar K. M.



4. SELF DEFENSE PROGRAMME - 2015

Sexual Harrasement prevention cell and NSS Jointly organized a progamme for girl students on "Self Defence". This programme was organized as part of "Gender sensitization Programme" under NSS day celebration. It was held on 05th October, 2015 from 3.00 to 5.00 pm at Girls Hostel terrace.

Mr Shashank Ghadashi, Karate Instructor from Devrukh was the resource person for this programme.

Approximately 37 students attended this programme.

Prof. Bagayatkar K. M. coordinator of the Vishaka committee initiated the programme, the other members of committee and NSS unit supervised the session. During this period girl's students were taught on the following accepts:

- Objective of self defense
- Self defense techniques
- Common threats
- Protection strategy from single and multiple attackers
- Using body parts as weapons
- How to identify the attackers





Demonstration on self defense

Girls are practicing in session

5. Health Awareness Programme: 16th April, 2015

Vishaka committee organized a Guest lecture on 16th April 2015 Title: "**Health** *Awareness with Girl students*" by Dr. Chodankar Smita, Gynecologist from Devrukh.

Approximately 64 girl students are attended this session.

Dr. Chodankar discussed the following points:

- Common Gynecological issues
- Hygiene Awareness
- Adolescence problems
- Reproductive Health
- Nutrition
- Exercise





Dr Chodankar addressing the session

6. Stress Management session:

On 14th March, 2015 session on "Stress management" organized by Vishaka committee. The session was conducted by Prof. Megha Raut, the representatives of "Sahaj Yoga Meditation", New Delhi. Approximately 86 girl students attended this session.

7. Rangoli Competition – AAROHAN 2016

Date: 07th Feb. 2015.

Theme: Women in Decision Making.

